

## Rhinoplasty outcomes

A main concern for patients seeking a rhinoplasty is how the nose will look after surgery. The skill and experience of the surgeon will of course affect the outcome of surgery, but there are many other factors. These include:

- the nature of the existing deformity and type of cosmetic changes required
- the patient's skin type is particularly important
- whether or not there has been previous surgery

It is very important for a patient to have realistic expectations about what can be achieved. Patients must realise that rhinoplasty is a challenging procedure and it may not be possible for any surgeon to give them the ideal nose they seek.

The surgeon and patient must take sufficient time to discuss the cosmetic changes required and what can realistically be achieved.